

**Youth Camp Daily Schedule**

| <b>Day 1</b>            |                               | <b>Day 2, 3, 4</b>      |                             | <b>Day 5</b>            |                             |
|-------------------------|-------------------------------|-------------------------|-----------------------------|-------------------------|-----------------------------|
| <b>Time</b>             | <b>Activity</b>               | <b>Time</b>             | <b>Activity</b>             | <b>Time</b>             | <b>Activity</b>             |
| 9:00 - 9:15 AM          | Registration                  | 9:00 AM                 | Check-In                    | 9:00 AM                 | Check-In                    |
| 9:15 - 9:30 AM          | Welcome / Introduction        | 9:00 - 9:05 AM          | Welcome                     | 9:00 - 9:05 AM          | Welcome                     |
| 9:30 - 9:45 AM          | Divide group into ages/courts | 9:05 - 9:15 AM          | Warm-Up                     | 9:05 - 9:15 AM          | Warm-Up                     |
| 9:45 - 10:30 AM         | Team Evaluations              | 9:15 - 9:45 AM          | Skills Stations             | 9:15 - 9:45 AM          | Skills Stations             |
| 10:30 - 11:00 AM        | Make Teams                    | 9:45 - 10:05 AM         | Free Throw / Hot Shot       | 9:45 - 10:30 AM         | 3 on 3 Playoffs             |
| 11:00 - 11:15 AM        | Announce Teams                | 10:05 - 10:25 AM        | 3 on 3 Games                | 10:30 - 11:30 AM        | 5 on 5 Playoffs             |
| 11:15 - 11:25 AM        | Lunch Preparation             | 10:25 - 11:15 AM        | 5 on 5 Games                | <b>11:30 - 12:30 PM</b> | <b>Lunch</b>                |
| <b>11:25 - 12:00 PM</b> | <b>Lunch</b>                  | 11:15 - 11:25 PM        | Lunch Preparation           | 12:30 - 1:30 PM         | Gravity Stretch / Free Play |
| 12:00 - 1:00 PM         | Gravity Stretch / Free Play   | <b>11:25 - 12:00 PM</b> | <b>Lunch</b>                | 1:30 - 2:30 PM          | Contest Playoffs            |
| 1:00 - 1:30 PM          | Skills Stations               | 12:00 - 1:00 PM         | Gravity Stretch / Free Play | 2:30 - 3:00 PM          | 3 on 3 Playoffs             |
| 1:30 - 2:00 PM          | Free Throw / Hot Shot         | 1:00 - 1:30 PM          | Skills Stations             | 3:00 - 3:30 PM          | 5 on 5 Playoffs             |
| 2:00 - 2:15 PM          | Camp Picture                  | 1:30 - 2:00 PM          | Free Throw / Hot Shot       | 3:30 - 3:40 PM          | Report Cards                |
| 2:15 - 2:45 PM          | 3 on 3 Games                  | 2:00 - 2:15 PM          | Camp Picture                | 3:40 - 4:00 PM          | Awards Ceremony             |
| 3:15 - 3:45 PM          | 5 on 5 Games                  | 2:15 - 2:45 PM          | 3 on 3 Games                |                         |                             |
| 3:45 - 4:00 PM          | Closing Camper of the Day     | 2:45 - 3:45 PM          | 5 on 5 Games                |                         |                             |
|                         |                               | 3:45 - 4:00 PM          | Closing Camper of the Day   |                         |                             |